



Our Ref: 000143/21

Your Ref:

Address Correspondence to: Information Management

Date 02 February 2021

Freedom of Information Act 2000

I write further to your request for information received 12/01/2021.

I note you seek access to the following information:

- 1. How many police officers have taken leave (of any length) due to anxiety, depression, PTSD, stress, or any other identified mental health condition. I would like these statistics broken down by month, between the period March 1st 2020 and today's date. If data has not been collected up to and including today's date, please provide me with data between the period March 1st 2020, and the latest date available.*
- 2. A description of internal procedures the police force has in place in order to help and support police officers suffering from mental health conditions.*
- 3. A description of any changes to internal procedures that the police force has made in order to help and support police officers suffering from mental health conditions since March 1st, 2020.*

Following receipt of your request, searches were conducted within Leicestershire Police to locate information relevant to your request.

Your request for information has now been considered and the information asked for is as follows: -

1. Leicestershire Police have recorded the below numbers of Officers off sick due to psychological illness in the period Mar-Dec 2020:

	Mar 2020	Apr 2020	May 2020	Jun 2020	Jul 2020	Aug 2020	Sep 2020	Oct 2020	Nov 2020	Dec 2020
Number of Officers	32	33	28	29	33	31	32	29	29	29

2. Leicestershire Police have the below in place in order to help and support Officers and Staff suffering from mental health conditions:
 - Employee Assistance Provider for officers and staff, and their families to access support on a wide range of issues, including access to counselling and mental health support.
 - Occupational Health service to work with officers and staff on all health aspects.

- TRIM (Traumatic Risk Incident Management) trained practitioners to support officers and staff who have dealt with traumatic incidents to understand their mental and emotional responses to trauma in order to access support at the earliest opportunity if required.
 - A Mental Health Wellbeing Board which addresses issues around mental health and wellbeing in Force.
 - Procedures such as Sickness Procedure outlines supportive measures to assist officers and staff during their period of illness and their healthy and safe return to work.
 - **Your Wellbeing** intranet site providing information and support on four areas of wellbeing; mental health, emotional health and resilience, physical health and financial health as all of these areas are connected.
 - 130 Wellbeing Champions across the Force to help colleagues access support if and when they need it.
3. Leicestershire Police have not made any changes to procedures since 01/03/2020, however we have provided additional support through 'Your Wellbeing', and EAP, partners such as Police Mutual, Mind and Oscar Kilo.

Leicestershire Police provides you the right to ask for a re-examination of your request under its review procedure. Letters should be addressed to Information Manager, Corporate Services Department at the above address. If you decide to request such a review and having followed the Force's full process you are still dissatisfied, then you have the right to direct your comments to the Information Commissioner who will give it consideration.

Yours sincerely

Freedom of Information Officer
Leicestershire Police

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