



Leicestershire  
**Police**  
Protecting our communities



**#LIVESNOT  
KNIVES**



FOLLOW OUR 10 STEP GUIDE TO HELP YOU TALK TO  
A YOUNG PERSON ABOUT **NOT CARRYING A KNIFE.**

# WE START THE

# CONVERSATION

## ARE YOU WORRIED ABOUT A YOUNG PERSON OR A FRIEND?

Family, friends, teachers and role models are an important influence on a young person, and we can have a powerful effect. It might be a difficult conversation – but talking about knife carrying is critical to finding a solution.

When you speak to a young person, it's important to be clear that they have a choice, even when they think they may not.

- STEP 1** Find a time to chat comfortably.
- STEP 2** They might be reluctant to talk to you, so why not use recent news as a conversation starter.
- STEP 3** Discuss each other's views on knives, remember you're there to listen and support them.
- STEP 4** Understand that they might feel like they don't have any other choices, support them to see that they do.
- STEP 5** Explain that knives do not give protection. Carrying one could mean prison, serious consequences or getting hurt themselves.
- STEP 6** Say the bravest thing to do is to walk away from a dangerous situation.
- STEP 7** Explore excuses with them that they can use to walk away.
- STEP 8** For example they might say they have to pick up younger sibling or you could arrange to call them if they send you a message.
- STEP 9** Reassure them that most people their age and older do not carry knives.
- STEP 10** Explain they can always report their concerns about anyone carrying a knife anonymously through Fearless, an organisation designed to help young people.



**I WANT MORE INFORMATION ABOUT  
KNIFE CRIME. WHERE CAN I GO?**

Visit our website to find more resources:



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